

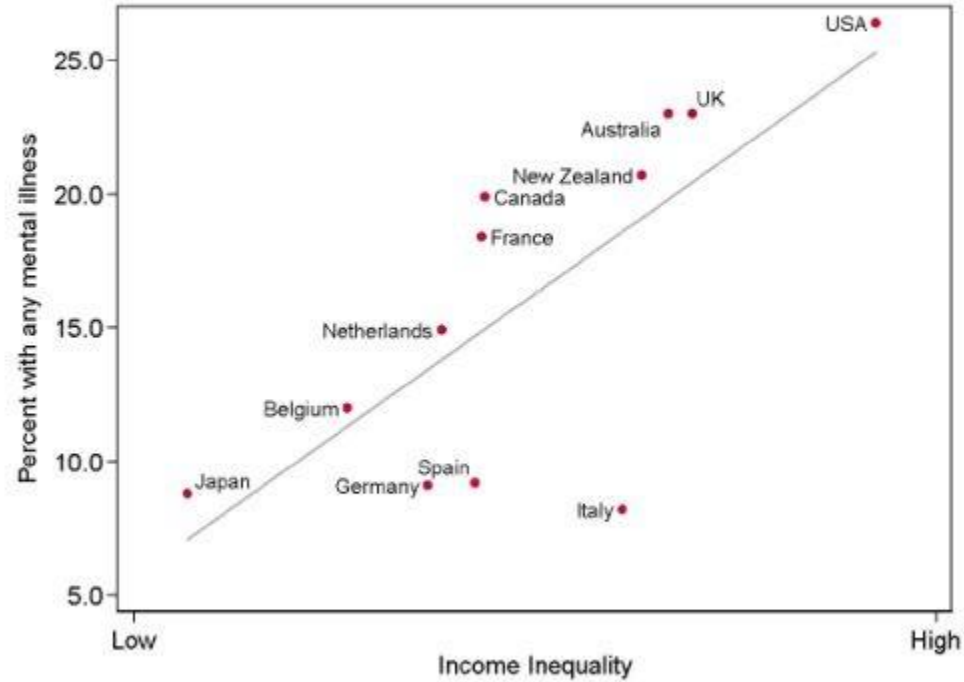
New Script
FOR MENTAL HEALTH

Inequality/Equality –
the cause and
the solution to our
Mental Health Crisis



Mental Health & Inequality Globally

Mental illness is more common in more unequal societies



Mental Health & Inequality - A Tale of Two Belfast Bridges

Belfast Telegraph  

Northern Ireland

Plea for suicide barrier at bridge over Belfast's Westlink



Wilson Brennan, Siobhan Lennon and Manus Cowan from Square Cut Paint Crew stage a protest at railings on the Divis Street and Westlink bridge in...

Hargrey calls for action on 'Ireland's ugliest bridge' at Finaghy

James McCarthy February 04, 2022 09:11



EYESORE: Residents have been calling for Finaghy railway bridge to be redesigned for over a decade

SOUTH Belfast MLA Deirdre Hargrey has called on the Department for Infrastructure to initiate the redesign of Finaghy railway bridge immediately.

Mental Health & Inequality in the North of Ireland

Suicide rates are double the rate in poor areas compared to wealthy areas

Prescribing rates for antidepressants are a shocking 66% higher in poor areas.

Same communities most heavily impacted by the conflict, with high levels of unaddressed inter-generational trauma

Drug related deaths, which have more than doubled in the past ten years, are five times higher in wealthy versus working class areas

Government's Response

Bio medical model



More money needed



Inverse Care Law in Operation

'To the extent that health care becomes a commodity it becomes distributed just like champagne. That is rich people get lots of it. Poor people don't get any of it'

Julian Hart 1971

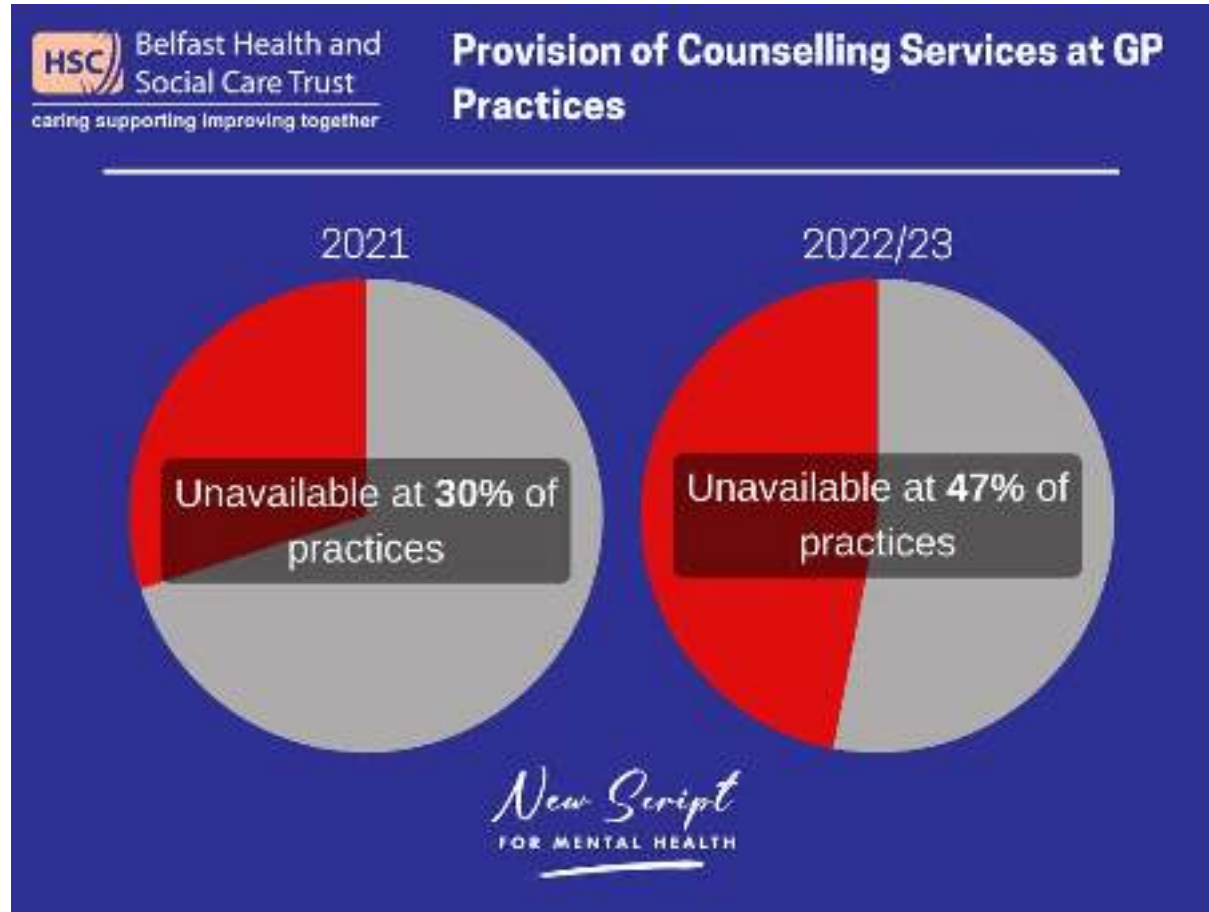


Access to Counselling : A Post-Code Lottery Linked to Inequality

<https://bit.ly/3Na8l3m>



Reduction in Counselling Provision in Working Class Areas



Individualisation of Emotional Distress

‘Reframing suffering as rooted in individual rather than social causes, thus favouring self over social and economic reform’

Dr. James Davies, author Sedated



Medicalisation of Emotional Distress

England 2021 7.4 m adults were prescribed anti depressants v. 1m referred for psychological therapies

No data for North - estimate is that the spend on anti-depressants is x 5 times than on talking therapies

Northern Ireland's antidepressant spend increases by £7m in 2020

By Niall McCracken
BBC News NI

27 March 2021



The amount spent on anti-depressant drugs in Northern Ireland has increased by almost £7m in just a year.

Figures show that expenditure went from £11.3m in 2019 to £18.3m in 2020.

Privatisation of mental health care

2021/ 22, 76% of all CAMHS referrals came from a GP.. But

15 GP practices have closed in the last 12 months

Increasing numbers of people 'going private'

Waiting for an appointment with your GP?

17TH, JAN 2018



Are you fed up waiting weeks for an appointment with your GP? Did you know that you can be seen today at Kingsbridge Private Hospital?

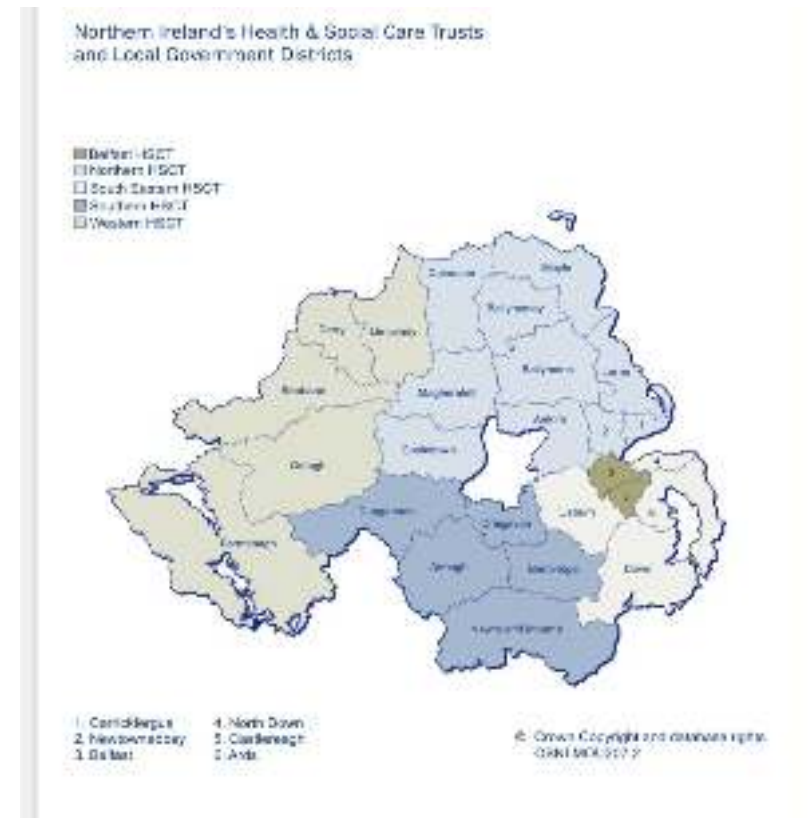
Fermanagh – Impact on local communities



Deaths by Suicide in Fermanagh

- Belfast 17.9 per 100,000
- Western Trust 16.0 per 100,000
- Northern Trust 10.4 per 100,000

(NISRA 2021)



Mental Health & Inequality in Fermanagh

Closure of GP practices

Fermanagh: One of NI's biggest GP practices at risk of closure

By Darran Marshall
BBC News NI Political Correspondent

19 November 2022



Maple Healthcare formally declared its intention in a letter sent to the department last week.

A New Paradigm for Mental Health

'The best vaccine governments can use for mental ill-health is to address inequality and discrimination'

Prof. Dainius Puras, UN Special Rapporteur on Right to Health, Belfast 2019





New Script for Mental Health

Grassroots movement for new approach to mental health, grounded in human rights and trauma-informed principles.

Belfast Mayor shares her New Script



Find out more :

[www.nlb.ie/campaigns/
mental-health](http://www.nlb.ie/campaigns/mental-health)

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New Script
FOR MENTAL HEALTH

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"There simply is no pill that can replace human connection. There is no pharmacy that can fill the need for compassionate interaction with others. There is no panacea. The answer to human suffering is both within us and between us."

-Dr. Joanne Cacciatore