

Our ref: JMcG/jmck/FOI – 1302

29th November 2022

By Email: (sara@pprproject.org)

Dear Ms Boyce

FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST

Your request for information regarding Primary Care Talking Therapy Hubs has now been considered and the information requested is enclosed.

If you are unhappy as to how this request has been handled, you should write to Dr Catherine Weaver, Head of Information Governance, the FOI lead for the Trust. You have the right to seek a review within the Trust in the first instance.

If, after receiving a response, you remain unhappy, you can refer your complaint to the Information Commissioner at The Information Commissioner's office, Wycliffe House, Water Lane, Wilmslow, SK9 5AF. It is important to note that if you refer any matter to the Information Commissioner, you will need to show evidence of having gone through the Trust's review procedure to try to resolve the matter with the Trust in the first instance.

If you have any queries or concerns then please contact Information Governance at the following address:

Southern Health & Social Care Trust
Ferndale
Bannvale Site
10 Moyallen Road
Gilford
BT63 5JX

Tel: 028 37 561458

Email: Foi.Team@Southerntrust.hscni.net

Yours sincerely

(Sent electronically, not signed)

JAN MCGALL
DIRECTOR OF MENTAL HEALTH & DISABILITY SERVICES

Enc: Response FOI/1302

SOUTHERN HEALTH & SOCIAL CARE TRUST

FREEDOM OF INFORMATION RESPONSE 1302

This is a request for information under the Freedom of Information Act for information on Primary Care Talking Therapy Hubs (PCTT Hubs)

Please provide the following information for the period January – September 2022:

1. **No of referrals received – Jan 2022 160.** *See question 5 response, regarding developments.*
2. **Breakdown of waiting time data, measured from referral received from the GP to first appointment, as follows**
 - i. **Within 1 month - 1**
 - ii. **Longer than 1 month- 77**
 - iii. **Longer than 3 months- 10**
 - iv. **Longer than 6 months**
 - v. **Longer than 12 months**
3. **Average number of sessions provided- 1 to complete assessment and agree appropriate support via a variety of services.**
4. **Details of geographic areas currently not serviced by the PCTT Hubs- None**
5. **Details of any expansion of the capacity and reach of the PCTT Hubs during 2022**

Southern Health & Social Care Trust have piloted a new service called Steps to Wellness (STW). From 1st Feb 2022 all PCTT referrals have been redirected through STW. STW is an Increasing Access to Psychological Therapies (IAPT) aligned service, providing the same provision as SHSCT Well Mind Hub (PCTT) but with additional access to a wide variety of Step 2 and Step 3 CBT based group interventions and one to one session where appropriate. Interventions focus on self-help and upskilling people to manage their difficulties. This is a largely remote/digital service offering psychoeducation and intervention.

From 1st Feb 2022 to end of Sept STW received 2135 referrals.

6. Budget allocation and anticipated underspend for 2022/23

SHSCT recurring revenue budget for PMHC Talking Therapy Hubs (full year effect) for 2022/23 is £255,114. The final year-end outturn position is not available for the current financial year. The net underspend within PMHC Talking Therapy Hubs reported at M06 2022/23 was £83,307.